



The State University of New York



# MAKE A DIFFERENCE ABROAD

As you broaden your horizons, remember that sustainability is more broad than just recycling. Use the 17 United Nations Sustainable Development Goals (UN SDGs) to ensure you are engaging positively with your host location!



## SDG 4, QUALITY EDUCATION

Research how you can successfully assist your host community in accomplishing their goals. Consult with your education abroad institution about volunteer experiences related to the various SDGs.



## SDG 6, CLEAN WATER AND SANITATION

Reduce your shower time and save gallons of water. Delivering, treating, and heating water for your shower results in higher energy use. Set a timer and spend less time in the shower. Also, stay hydrated with a reusable water bottle.



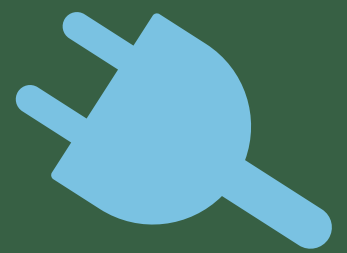
## SDG 8, DECENT WORK AND ECONOMIC GROWTH

Choose an eco-friendly tour company that provides responsible and respectful ways to authentically interact with different cultures, environments, and events. You are positively impacting the local economy by purchasing directly from your community.



## SDG 12, RESPONSIBLE CONSUMPTION AND PRODUCTION

Unplug your devices (laptop, phone charger, etc.) when not in use to reduce energy consumption. Power strips with on and off switches make it easier to access cords. Also make sure to turn off the lights when you leave the room. Refuse, reduce, reuse, repair, & recycle!



## SDG 13, CLIMATE ACTION

Take a train or bus instead of a plane. Co2 emissions will be cut in half as a result! Renting a bike could save you money, keep you healthy, and promote travel in more scenic areas (trails, river walks, etc.) where taxis are prohibited.

