ACE
access to college education

Cornell University   Ithaca College   SUNY Cortland   Tompkins Cortland Community College

Greetings ACE Community!

ACE is gearing up for our spring program line-up! Confirmed events are listed in this newsletter, and we anticipate offering several additional programs this semester. New events will be posted on the ACE website and social accounts as soon as they are confirmed.

As we recognize the contributions and resiliancy of black and brown people this month, it is important to acknowledge the role of HBCUs in our history. With over 100 institutions, HBCUs provide a distinctive experience for current students seeking this connection during their college experience.

Heading into the deep winter months, as the pandemic evolves, and we are involved with shifting political and social systems, paying attention to your mental and emotional wellness is necessary. Tap into your positive support systems, commit to rest, and give yourself a break; you are doing the best you can given these extraordinary times!

Warm Regards,
Erica L Shockley

ACE NEWS:

Spring Office Hours:
Monday, Tuesday, Thursday
8:00 a.m.-12:00 p.m.
Wednesday
8:00 a.m.-3:00 p.m.

Event Confirmation Update:
The student and NOW the first family member listed on your reservation form will receive a confirmation email after registering for an ACE event.

Contact Information:
If you would like to update your email, address, or family contact information, please call or email ACE directly.

Facebook
ACE-Access to College Education

Instagram
@accesstocollegeeducation
#acecurious

Spring 2021 ACE "VIRTUAL" Programs
Register on the ACE Website

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Cornell University "Deconstructed Virtual" Campus Visit Tour
2/22/21 @ 5:00pm

New Participant Orientation
2/23/21 @ 7:30pm

9th Grade SUNY Cortland "Deconstructed" Campus Visit
Workshop 2/24/21 @ 4:00pm

TC3 "Deconstructed Virtual" Campus Visit Tour
2/25/21 @ 4:00pm

Ithaca College "Deconstructed Virtual" Campus Visit Tour
3/2/21 @ 6:30pm

*Living Resilient 3/4/21 @ 7:30pm

*New Participant Orientation 3/25/21 @ 12:00pm

11th Grade Ithaca College "Deconstructed" Campus Visit
Workshop 4/28/21 @ 4:00pm

Finding My Place: Exploring LGBTQ+ Inclusive Colleges
4/28/21 @ 4:00pm

*These programs are offered more than once during the semester;
check the website for all available dates.

"In-The-Works" Events

12th Grade Cornell University "Deconstructed Virtual" Campus
Visit Workshop (Week of March 22)

10th Grade TC3 "Deconstructed Virtual" Campus Visit
Workshop (April)

The College Athlete (April)

What is a First-Generation College Student? (May)

S.O.S. Students onto Scholars Mentoring (May)

Career Exploration (June)

The second College Ready PPT Series launches this semester.

Campus Connection events will be posted on the website as
they are confirmed.

Senior College Ready Spring Checklist

- Watch for admission decisions to come out in March or April.
- Stay active on your top schools social accounts.
- If you are waitlisted, continue to express interest in your top schools.
- Set aside 1-2 hours each week to research and apply for scholarships.
- Communicate your decision to **accept or decline** at each school you applied by May 1.
- Make preparations to send in your deposit for your chosen institution.

It's easy to stop here, but keep going!

- Make sure you know the dates and register for your school's mandatory orientation program.
- Some colleges offer pre-semester programs (like camping, leadership, or community service) that you apply for over the summer.
- Invest time in your school's roommate selection process.
- Schedule an appointment to receive mandatory vaccines.

Concerned about a friend's mental/emotional health?

You don't have to have all the answers! Be there as a friend and seek help from a professional.

Starting the Conversation

- I've noticed (*insert change of behavior*), is there anything you want to talk about?

Open Listening

The most important thing you can do is to listen to understand, rather than give advice.

- I can hear that you have been going through a really tough time. Tell me more so I can understand.

Following Up

- Offer to support or even go with them to seek help.
- Check-in the next day and respectfully follow-up as you are comfortable.

Supporting others is so important, and taking care of yourself is just as important. Remember that you are not responsible for other people's choices.

thinkmentalhealth.com

20-21 "Deconstructed" Campus Visit

Campus Visit programs are online this year, and the colleges are hosting two programs, a virtual campus tour (open to both students and family members) and grade specific workshops. The Deconstructed Campus Visit modifications are a temporary program adjustment, and we are hopeful for a safe return to in-person experiences next year.

"Deconstructed" Tour: During this personalized campus tour, hosted by current students, you will learn about campus facilities, resources, programs, and connection opportunities. Hear their stories about campus life, ask questions about their involvement and career path, and learn how to compare various college experiences with your priorities and goals.

"Deconstructed"Workshop: An important component of the Campus Visit includes a college success workshop that is facilitated by college faculty, staff, and students. In this new model, students in specific grade levels will be invited to a virtual version of the same program. At this time, we are unable to accommodate family members during the workshop.

WHY ACE?

Whether you are just entering high school or preparing for your final year, ACE facilitates experiences that support students and family members as you:

EXPLORE passion areas that lead to academic exploration and career goals

MAKE informed decisions about your goals for and pathway into college

LEARN academic and personal development skills you can apply now

CONNECT with financial and other college preparation resources

PREPARE for your college transition and life after high school

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